

NEWS RELEASE

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The Woodlands Township COVID-19 Update, April 2, 2020

Hotlines for health questions and COVID-19

Montgomery County: 936-523-5040

Harris County: 713-634-1110

Special Board of Directors meeting

The Woodlands Township Board of Directors will hold a Special Board of Directors Meeting via videoconference this Thursday, April 2, 2020 with a scheduled time to begin at 6 p.m. Central Daylight Time. <u>View the agenda</u>.

During the April 2, 2020, videoconference special Board meeting, members of the public may provide public comment by calling 877-853-5247 (toll-free), then enter ID 530 613 342 #. Calls will be taken in the order the calls are received and only during the "public comment" agenda item. This phone number is active only for the April 2, 2020 Board meeting. New phone numbers will be issued for each future meeting during the public health pandemic emergency.

VIEW CHAIRMAN BUNCH'S MESSAGE ABOUT THIS MEETING.

County News

Montgomery County COVID-19 Case Count

Montgomery County Public Health District, in conjunction with Montgomery County Office of Emergency Management, can confirm there are now 119 positive cases of COVID-19, up 9 cases from yesterday. Unfortunately, a third death is confirmed due to COVID-19. He was a man in his 80s, who was also a resident of The Conservatory at Alden Bridge. We offer our condolences to his family at this difficult time. Two of the other cases have been released from area hospitals, and another case has fully recovered. Details on cases can be found here: https://mcphd-tx.org/coronavirus-covid-19/confirmed-cases/.

Harris County COVID-19 Case Count

As of April 2, 2020 (4:00 p.m.), Harris County Public Health (HCPH) has 60 new cases of COVID-19, which brings the total to 449 positive cases, including two deaths. HCPH is also confirming that 87 of our patients have recovered. These new cases do not include those within the City of Houston. Harris County Public Health updates our COVID-19 dashboard daily at 4:00 p.m. For information regarding case counts, quadrant data across Harris County and the latest COVID-19 information, please visit http://hcphtx.org/covid-19.



Tracking COVID-19: Local, Regionally, Nationally, Internationally

Below are the widgets for tracking COVID19.

- Montgomery County
- <u>Texas Counties Statewide</u>
- Texas Department of Health and Human Services Case Counts
- Global Cases

Staying Safe While Grocery Shopping

Whether you are grocery shopping for your family in person or utilizing curbside pickup/delivery options, there are still important safety practices that can help to limit your risk of exposure to COVID-19.

- Follow <u>federal guidelines</u> regarding social distancing and prevention. Maintain 6 feet of distance between yourself and other shoppers/grocery store employees. Pay particular attention when standing in line and continue to observe the 6-foot rule at all times.
- Disinfect high-touch surfaces such as grocery carts handles with a disinfectant wipe, if possible.
- If you use a debit or credit card, keep in mind that those machines are high-touch surfaces. Wash your hands after touching those surfaces and wipe down your cards with disinfectant wipes or an alcohol-based sanitizer. The <u>EPA has created a list of known</u> <u>disinfectants</u> that are effective against COVID-19 on surfaces.
- If possible, go to the store during off-peak hours when the store is less crowded. If you are a senior, try to shop during the Senior Hours that are offered at grocery stores in the community.
- Discard any disposable grocery bags upon unpacking your groceries and disinfect counters and surfaces where bags may have been placed for unpacking.
- Always wash your hands after handling food packaging and before eating.

Please keep in mind, the FDA has stated that there is no evidence that COVID-19 is transmitted via food. It is a respiratory-borne virus and therefore the risk of contracting it through food or food packaging is extremely low. The main risk to an individual is thought to be from exposure to another person with COVID-19, who is symptomatic or asymptomatic, and touching one's face or mouth after coming into contact with an infected surface. Social distancing and washing your hands frequently remains the most effective way to prevent the spread of COVID-19.

"Currently there is no evidence of food or food packaging being associated with transmission of COVID-19...COVID-19 is a virus that causes respiratory illness. Foodborne exposure to this virus is not known to be a route of transmission. The virus is thought to spread mainly from person-to-person. This includes between people who are in close contact with one another (within about 6 feet), and through respiratory droplets produced when an infected person coughs or sneezes. These droplets can land in the mouths or noses of people who are nearby or possibly be inhaled into the lungs. It may be possible that a person can get COVID-19 by touching a surface or object



that has the virus on it and then touching their mouth, nose, or possibly their eyes, but this is not thought to be the main way the virus spreads." – The Food and Drug Administration, March 17, 2020

Township News

Guidelines for Social Distancing on the Pathways

For **pedestrians** using the pathways, please remain a minimum of 6 feet apart. Be sure to stay to the right, watch for other pathway users, be especially alert when running and listen for audible signals and allow faster pathway users to pass freely.

For **bicyclists** using the pathways, please give audible warnings when



passing pathway users, ride at a safe speed, helmets are recommended and be sure to ride straight ahead.

For **rollerbladers** on pathways, blade at a safe speed, helmets and protective gear are recommended, blade straight ahead and listen for audible warnings and allow faster pathway users to pass freely.

State News

Statewide COVID-19 Mental Health Support Line

The Texas Health and Human Services Commission (HHSC) has launched a statewide mental health support line to help Texans experiencing anxiety, stress, or other emotional challenges due to the COVID-19 pandemic. This resource offers support for all Texans and can be reached any time day or night at **833-986-1919**.

The line is operated by the <u>Harris Center for Mental Health and IDD</u>, and offers trauma-informed support and psychological first aid to those experiencing mental health symptoms related to COVID-19. Counseling services are confidential and free of charge.

More information on mental health resources and your local metal health authority can be found on HHSC's website. View the full release.



Community Resource Information

The following items were received from the agencies noted.

United Way of Greater Houston Helpline and COVID-19 Recovery Fund

United Way of Greater Houston's 211 Texas/United Way HELPLINE is our community's go-to resource in times of disaster and every day. The 211 Texas/United Way HELPLINE is available 24/7 to connect people with food, childcare, transportation, and other critical information and resources. If you or someone you know needs help, dial 211.

United Way of Greater Houston and the Greater Houston Community Foundation have launched the Greater Houston COVID-19 Recovery Fund to serve our region's most vulnerable neighbors impacted by the COVID-19 pandemic. Learn more and donate to the fund at greaterhoustonrecovery.org.

YMCA Operating as an Essential Personnel Child Care Site

Located at 6145 Shadowbend Place, The Y is providing a full day of programming, snack and meals for the children of "essential personnel," including medical workers; first responders; select government staff; and grocery store, pharmacy and food distributor employees.

Children, ages 1 - 12 years old are eligible to register. The program runs Monday-Friday, 6:30 a.m. - 7:30 p.m. and features games, arts and crafts, STEAM and literacy activities.

Register online. Financial assistance is available.

Food Banks

Local food banks are inventorying their resources to ascertain what will be needed in the days to come. Many Township residents have expressed a desire to volunteer or donate; please see the information below regarding those needs.

- Interfaith of The Woodlands remains open to meet the basic needs in South Montgomery County, including Senior Grocery Delivery, Crisis Assistance Services and Food Pantry Assistance. Hours are Tuesday and Thursday, 9 a.m. to 4 p.m. Curbside services are by phone at 281-367-1230. Donations are being accepted. Please read on to learn how you can lend support to Interfaith.
- Montgomery County Food Bank is conducting a virtual food drive. Please read on to learn how you can help.
- Meals on Wheels has coordinated a food drive to stock the shelves. A system in place to
 deliver supplies to the most at-risk neighbors, but they need your help to provide the
 food... because no one deserves to have an empty pantry, especially at times like this.
 During these times of uncertainty, food insecurity is at an all-time high. An increasing
 number of seniors are becoming homebound, as the fear of going out and being



exposed to COVID-19 continues. Join the virtual food drive.

 <u>Community Assistance Center Serving Montgomery County</u> is currently providing assistance to residents of Montgomery County with financial assistance for utilities, prepackaged bags of groceries during Wednesday Markets and is accepting donations. For more information view the flyer.

Grocery Store Special Hours

- ALDI: 9 a.m. to 7 p.m.
- Costco: Monday-Friday 10 a.m. to 8:30 p.m., Saturday 9:30 a.m. to 6 p.m. and Sunday 10 a.m. to 6 p.m.
- Fiesta Mart: 7 a.m. to 10 p.m.
- HEB: 8 a.m. to 8 p.m.
 - Delivery to seniors (60+) is available through partner, Favor Delivery. Phone orders are accepted 11 a.m. to 3 p.m., seven days a week by calling 1-833-397-0080. This service is free until April 19, 2020 but will include a \$10 tip to the Favor Runner who will shop for and deliver the items.
- Kroger: 7 a.m. to 10 p.m.
- Sam's Club: Monday-Saturday 9 a.m. to 8 p.m. and Sunday 10 a.m. to 6 p.m.
 - Open Tuesday and Thursday 7 a.m. to 9 a.m. and concierge curbside service available for seniors 65+.
- Target: 8 a.m. to 9 p.m.
 - Tuesday and Wednesday 8 a.m. to 9 a.m. priority is given to 65+, pregnant and those in at-risk conditions.
- Trader Joe's: 9 a.m. to 7 p.m.
- Wal-Mart: 7 a.m. to 8:30 p.m.
 - Open Tuesdays from 6 to 7 a.m. for seniors 65+.
- Whole Foods: 8 a.m. to 8 p.m.
 - Shoppers 60+ can begin shopping at 7 a.m.

The Township's Coronavirus page

The Woodlands Township's special COVID-19 information page can be found at www.thewoodlandstownship-tx.gov/covid19.. This page now features Montgomery and Harris county Hubs, community resources and updated COVID-19 news from the Federal Government and the CDC. This page also includes the latest news from The Township, updates from partner agencies, social distancing strategies, important links, frequently asked questions, live Twitter feeds and more. Please check back often as it is updated frequently.

Stay Connected

Please stay connected to The Woodlands Township through our many communications channels. Learn more and sign up at www.thewoodlandstownship-tx.gov/stayinformed.





The Woodlands Township publishes this update to inform residents and businesses regarding the COVID-19 and its impact on The Woodlands Township. Please sign up for Township news and notifications at www.thewoodlandstownship-tx.gov/notifyme.